

California Martial Arts Institute

276 East Napa Street - Sonoma, CA. 95476

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www.calmartialarts.com

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JULY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Tai Chi 10:45 to 11:45am
2	3 All Dragons 5:30 to 6:30pm Women's Kickboxing 6:30 to 7:25pm Co-Ed Kickboxing 7:30 to 8:30pm	4 CLOSED	5 Fight Day Dragons & Shaolin Dragons 5:30 to 6:30pm Women's Kickboxing 6:30 to 7:25pm Co-Ed Kickboxing 7:30 to 8:30pm	6 All Dragons 5:30 to 6:30pm Karate 6:30 to 7:30 Kung Fu 7:30 to 9:00pm	7 Women's Kickboxing 6:30-7:25pm Co-Ed Kickboxing 7:30-8:30pm	8 Tai Chi 10:45 to 11:45am
9	10 All Dragons 5:30 to 6:30pm Women's Kickboxing 6:30 to 7:25pm Co-Ed Kickboxing 7:30 to 8:30pm	11 All Dragons 5:30 to 6:30pm Karate 6:30 to 7:30 Kung Fu 7:30 to 9:00pm	12 All Dragons 5:30 to 6:30pm Women's Kickboxing 6:30 to 7:25pm Co-Ed Kickboxing 7:30 to 8:30pm	13 Fight Day All Kids 5:30 to 6:30pm Adults 7 - 8:45pm	14 Women's Kickboxing 6:30-7:25pm Co-Ed Kickboxing 7:30-8:30pm	15 Tai Chi 10:45 to 11:45am
16	17 All Dragons 5:30 to 6:30pm Women's Kickboxing 6:30 to 7:25pm Co-Ed Kickboxing 7:30 to 8:30pm	18 All Dragons 5:30 to 6:30pm Karate 6:30 to 7:30 Kung Fu 7:30 to 9:00pm	19 Fight Day Dragons & Shaolin Dragons 5:30 to 6:30pm Women's Kickboxing 6:30 to 7:25pm Co-Ed Kickboxing 7:30 to 8:30pm	20 All Dragons 5:30 to 6:30pm Karate 6:30 to 7:30 Kung Fu 7:30 to 9:00pm	21 Women's Kickboxing 6:30-7:25pm Co-Ed Kickboxing 7:30-8:30pm	22 Tai Chi 10:45 to 11:45am
23 NHRA 2017 30	24 All Dragons 5:30 to 6:30pm Women's Kickboxing 6:30 to 7:25pm Co-Ed Kickboxing 7:30 to 8:30pm	25 All Dragons 5:30 to 6:30pm Karate 6:30 to 7:30 Kung Fu 7:30 to 9:00pm	26 All Dragons 5:30 to 6:30pm Women's Kickboxing 6:30 to 7:25pm Co-Ed Kickboxing 7:30 to 8:30pm	27 Fight Day Dragons & Shaolin Dragons 5:30 to 6:30pm Karate 6:30 to 7:30 Kung Fu 7:30 to 9:00	28 Women's Kickboxing 6:30-7:25pm Co-Ed Kickboxing 7:30-8:30pm NHRA 2017	29 Tai Chi 10:45 to 11:45am NHRA 2017